

TECNI[®]

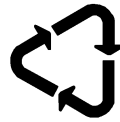
TKM 0665 MICROWAVE with GRILL



Operating Instructions

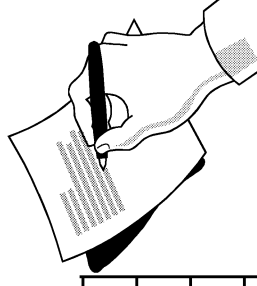
PLEASE READ THESE INSTRUCTIONS THOROUGHLY
This appliance must be operated in accordance with the instructions given. It is for domestic use only in the preparation and cooking of food and should be built into a fitted kitchen unit.

Whitpool Sweden AB





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YOUR TECNİK GUARANTEE

PLEASE READ CAREFULLY

Your new appliance is guaranteed for 12 months against electrical/mechanical breakdown due to faulty manufacture. This guarantee does not apply to:

- Any faults which occur due to accidental damage, installation or misuse of the appliance.
- Repair, or interference with, the appliance by any person not authorised by the manufacturer to carry out service.
- Any parts which are fitted to the appliance which are not original manufacturer's parts.
- Non-domestic use of the machine.
- Operation at incorrect voltage.
- Consumer advice and consultation purposes.
- Cosmetic parts.

The guarantee applies to Great Britain and Northern Ireland only.

The foregoing does not affect your statutory rights.

SERVICE: 0870 600 8989

SPARES: 0870 600 8989

WHEN CALLING PLEASE HAVE YOUR: Model & Serial Number

Before you call for service:

Please read the information given in the user manual.

In the event a technician is called out for any of the reasons stated above or for consultation purposes charges will be made to the customer either at the time of visit or at a later time in administration.

Heating appliances will rise in temperature within use and retain their heat for a long period after use. Children should be supervised at all times and should not be allowed to touch the surfaces or be in vicinity of the appliance when in use up until the time the appliance has cooled after use.

Our contribution towards a cleaner environment: we use recycled paper.

For service carried out under guarantee the sales receipt must be produced.

A NOTE TO YOU

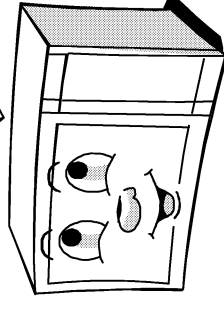
Thank you for buying a Tecnik appliance!

Tecnik appliances have everything

you would expect of a superior appliance, plus the distinct style and thoughtful details which contribute to the overall look of your home and your enjoyment of it.

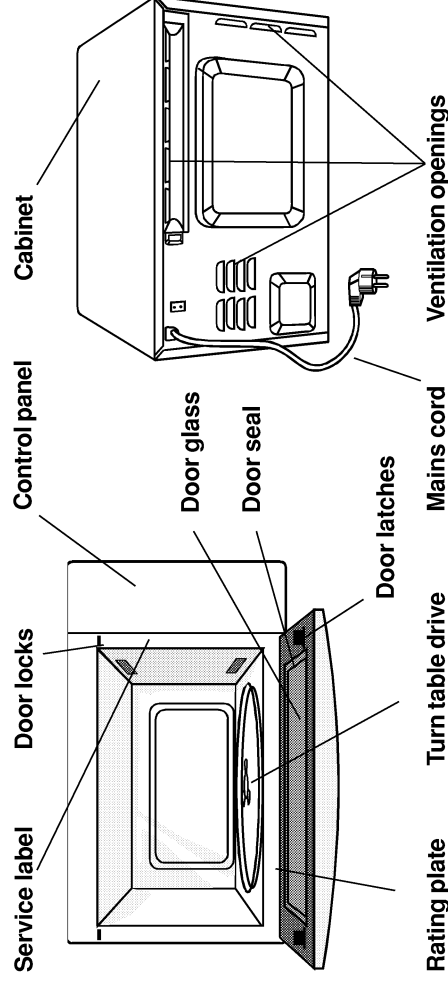


To ensure that you enjoy many years of trouble-free operation, we developed this Instruction For Use. It contains valuable information concerning how to operate and maintain your new appliance properly and safely.



Please read it carefully and keep this book in a safe place for future reference.

OVEN OVERVIEW



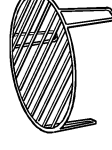
ACCESSORIES



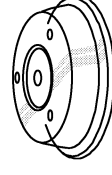
Turntable support



Glass turntable



Grill grid



Cover

CONTROL PANEL

Digital display. This display includes a 24 hour clock and indicator symbols to tell you the time of day, cooking time, power level, etc.

Adjust knob. Use this knob to set the cooking time, time of day or weight.

Auto Defrost button. Use this button to select type of food to be defrosted.

Power button(center). Use this button to check the set microwave power level.

Power button(minus). Use this button to reduce the set microwave power level

Start / Jet Start button.

Press this button to automatically start with the maximum power level and the cooking time set to 30 seconds. Each additional press increases the cooking time by 30 seconds. This button also works as a normal start button after setting a function.

Clock button. Use this button to select the 24 hour clock and set the time of day.

Timer button. Use this button to access the timer function.

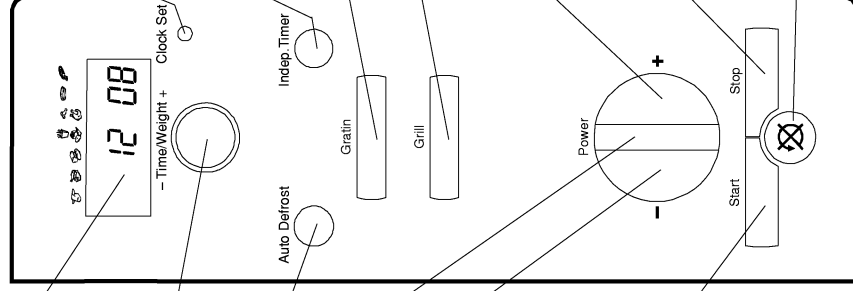
Gratin button. Use this button to select the gratin function

Grill button. Use this button to select the grill function.

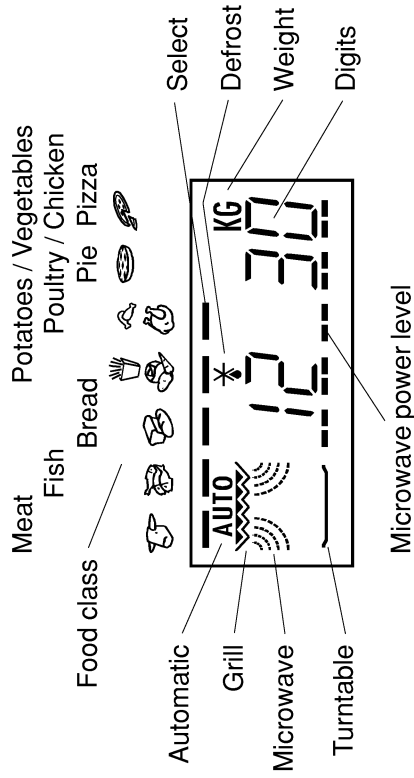
Power button(plus). Use this button to increase the set microwave power level

Stop button. Use this button to stop or reset any of the oven functions.

Turntable button. Use this button to turn the turntable function on / off.



DISPLAY INDICATORS



TECHNICAL SPECIFICATIONS

Type number	TKM 0665		
Supply voltage	For UK 230 - 240 V/50Hz	For other countries 230 V/50Hz	
Power consumption	2500 W		
Fuse	For UK 13 A	For other countries 16 A	
Timer	Electronic		
	Microwave power (acc. to IEC705. 1000 g water)		
Full power / JET	1000 W		
	850 W		
	750 W		
Combination (Max)	650 W		
	500 W		
	350 W		
Manual Defrost	160 W		
	90 W		
	Output power		
Power Grill	900 W		
	Defrost food class table		
	Weight interval	Steps	
1-4	50-500 g	25 g	
	500-800 g	50 g	
	800-2000 g	100 g	
5	50-500 g	25 g	
	500-800 g	50 g	
	800-3000 g	100 g	
Dimensions:	HxWxD		
Outer dimensions:	318x529x462		
Oven compartment:	205x335x370		

If the oven does not work, do not make a service call until you have made the following checks:

- * The Turntable and turntable support is in place.
- * The Plug is properly inserted in the wall socket.
- * The Door is properly closed.
- * The rotating glassplate or turntable support are in place. "PLATE" is displayed if they are not.
- * Check your Fuses and make sure that there is power available.
- * Wait for ten minutes and then try to operate the oven once more.

This is to avoid unnecessary calls for which you will be charged. When calling for Service, please give the serial number and type number of the oven (see Service label).

Important:

If the mains cord needs replacing it should be replaced by the original mains cord which is available via our service organisation. The mains cord must only be replaced by a trained service technician.



WARNING!
Service only to be carried out by a trained service technician.

It is hazardous for anyone other than a trained person to carry out any service or repair operation which involves the removal of any cover which gives protection against exposure to microwave energy.
Do not remove any cover.



Defrost



Auto defrost



Clock



Gratin



Microwave power



Timer



Turntable on / off



Grill



Turntable



Acoustic signal



Start



Stop

CHILD SAFETY / EMPTY OVEN START PROTECTION

This oven has an automatic child safety function which is activated one minute after the oven has returned to "stand by". The oven is in "stand by" when the 24 hour Clock is displayed, or if the Clock has not been set, when the display is blank.

The door must be opened and closed e.g. putting food into it, before the safety lock is released. If you try to operate the oven without putting food into it the display will display "**door**" indicating that you must open and close the door before operating the oven.

TURNTABLE ON / OFF

The turntable can be turned off in order to accommodate large utensils. This is useful when cooking a large gratin, salmon or a big turkey. This enables you to use large square utensils too big to turn without coming into contact with the cavity walls.

The table shows which functions it is possible to use with the turntable on or off. If you switch the turntable off before or during use of a function which does not support the turntable on standstill, the oven will stop and a signal will be heard. The turntable symbol will flash briefly. The oven will return to standby mode if no buttons are pressed within 30 seconds.

Turntable on / off		
Function	On	Off
Jet Start	x	x
Time and Power	x	x
Auto Defrost	x	
Grill	x	
Grill & Microwaves	x	x
Gratin	x	x

BEFORE YOU OPERATE THE APPLIANCE

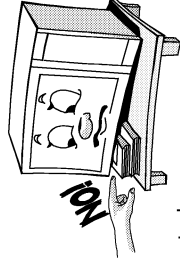
Only use the microwave oven for domestic use and for its cooking purposes.

Make sure that the appliance is not damaged. Check that the oven door closes firmly against the door support and that the internal door seal is not damaged. Empty the oven and clean inside it with a soft, damp cloth.

Prior to connecting, check that the voltage on the rating plate corresponds to the voltage in your home.

Place the oven on a stable, even surface that is

strong enough to hold the oven and the food utensils you put in it. The control side of the unit is the heavy side. Use care when handling.



Position the oven at a distance from other heating sources. The cooling air, which is taken in by the oven, must not exceed 35°C temperature. For sufficient ventilation there must be a space of at least 15 cm above the oven.

The oven can operate in an ambient temperature ranging from +5°C to +35°C.



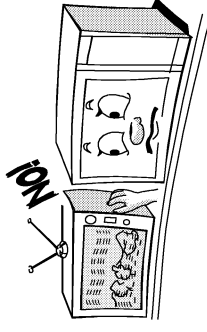
WARNING!

THIS APPLIANCE MUST BE EARTHED!



The ventilation openings on the oven must not be covered. Blocking the air intake or exhaust vents may cause damage to the oven and poor cooking results. Make sure the microwave oven feet are in place and ensure the space underneath the oven is empty to ensure proper airflow.

The oven can be operated only if the oven door is firmly closed.



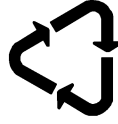
Poor television reception and radio interference may result if the oven is located close to a TV, radio or aerial.

The earthing of this appliance is compulsory by law. The manufacturer will accept no responsibility for injury to persons, animals or damage to objects arising from the non-observance of this requirement.

ENVIRONMENTAL HINTS

Packing

The packing box may be fully recycled as confirmed by the recycling symbol. Follow local disposal regulations. Keep potentially hazardous packaging (plastic bags, polystyrene etc.) out of the reach of children.



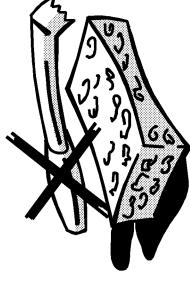
Appliance

The appliance is built from reusable materials. If you decide to scrap the appliance, it must be disposed of in compliance with local waste disposal laws. Before scrapping, cut off the power cable so that the appliance cannot be connected to the mains.

MAINTENANCE

Cleaning is the only maintenance normally required. It must be carried out with the microwave oven disconnected.

Do not use metal scouring pads on the inside of the oven cavity. They will scratch the surface.



Do not allow grease or food particles to build up around the door.

For stubborn stains, boil a cup of water in the oven for 2 or 3 minutes. Steam will soften the marks.

Odours inside the oven can be eliminated by adding some lemon juice to a cup of water, placing this on the turntable and boiling for a few minutes.

The Grill element does not need cleaning since the intense heat will burn off any splashes, but the ceiling beneath it may need regular cleaning. This should be done with warm water, detergent and a sponge.

At regular intervals, especially if spillovers have occurred, remove the turntable, the turntable support and wipe the base of the oven clean.

This oven is designed to operate with the turn-table in place.

Do not remove the microwave inlet protection plates located on the side of the oven cavity wall. They prevent grease & food particles from entering the microwave inlet channels.



WARNING!

The door seals and the door seal areas must be regularly inspected for damage. If these areas are damaged the appliance should not be operated until it has been repaired by a trained service technician.

Abrasive cleansers, steel-wool pads, gritty wash cloths, etc., can damage the control panel, and the interior and exterior oven surfaces. Use a sponge with a mild detergent or a paper towel with spray glass cleaner. Apply spray glass cleaner to a paper towel.

Do not spray directly on the oven.

TIMER FUNCTION

The **Timer function** is **useful** when you need an "egg clock" as reminder or measuring the standing time for such items as a big roast, or chicken.

Use the **Timer function** when the cookbook recommends a standing time after cooking.



IMPORTANT!

If the **Grill, Forced air or +/- Power buttons are pressed** while the Timer is running, the oven switches to that function and starts cooking with the remaining time set from the Timer function. The power or / and temperature levels used, will be default values.

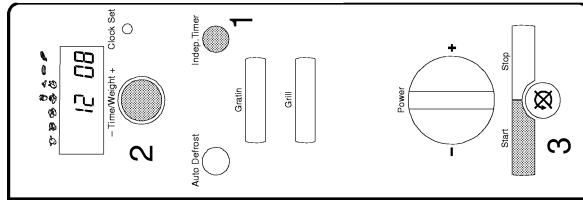
The **time can easily** be increased by turning the Adjust knob after the Timer button has been pressed.

The **time can also** be increased in 30 second steps by pressing the Start button. Each press increases the time with 30 seconds.

Stop the Timer by pressing the Stop button or turning the Adjust knob to zero.

TIMER

USER ACTION

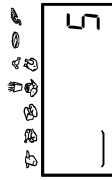


1. Press the **TIMER** button.

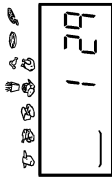
2. Turn the **ADJUST** knob to set the **TIMER**.

3. Press the **START** button.

OVEN REACTION



* 5 seconds is displayed.



* The Timer is displaying the set Timer time counting down.



When the time has elapsed an acoustic signal sounds and the Timer switches off.

PRECAUTIONS AND SUGGESTIONS

CAUTION!

The **appliance should not be operated** without food in the oven when using microwaves. Operation in this manner is likely to damage the appliance.

If you **practice operating** the oven, put a glass of water inside. The water will absorb the microwave energy and the oven will not be damaged.

Do not operate this appliance if it has a damaged mains cord or plug, if it is not working properly, or if it has been damaged or dropped. Electrical shock, fire or other hazards may result.

Do not immerse the mains cord or plug in water. Keep the cord away from hot surfaces.

Do not let the mains cord hang over edge of table or counter.

Do not store or use this appliance outdoors. Do not use this product near a kitchen sink, in a wet basement, or near a swimming pool, or similar.

Do not use the cavity for storage purposes.
Do not leave paper products, cooking utensils, or food in the cavity when not in use.



Never lean on the door when the door is open. Injury could result.

Do not heat, store or use flammable materials in or near the oven. Fumes can create a fire hazard or explosion.

Use this appliance only for its intended use as described in this manual.

Do not use corrosive chemicals or vapours in this appliance. This type of oven is specifically designed to heat or cook food. It is not designed for industrial or laboratory use.

Do not over-cook food. Fire could result.

Do not use your microwave oven for drying textiles, paper, spices, herbs, wood, flowers, fruit or other combustible materials. Fire could result.

WARNING

Only allow children to use the oven without supervision when adequate instructions have been given so that the child is able to use the oven in a safe way and understands the hazards of improper use.

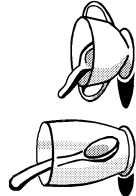
Remove wire twist-ties from paper or plastic bags before placing bag in the oven.

If material inside / outside the oven should ignite, keep the oven door closed, turn the oven and fan off. Disconnect the power cord or shut off power at the fuse or circuit breaker panel.

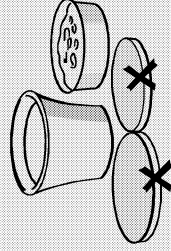
When heating liquids, e.g. beverages or water in your microwave oven, overheating the liquid beyond boiling point can occur without evidence of bubbling. This could result in a sudden boil over of the hot liquid.

To prevent this possibility the following steps should be taken:

1. Avoid using straight-sided containers with narrow necks.
2. Stir the liquid before placing the container in the oven and let the teaspoon remain in the container.
3. After heating, allow to stand for a short time, stirring again before carefully removing the container from the oven.

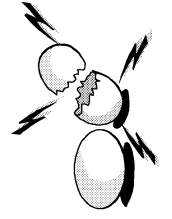


PRECAUTIONS AND SUGGESTIONS



⚠ WARNING!

Do not use your microwave oven for heating food or liquids in airtight sealed containers. The pressure increases and may cause damage when opening or may explode.



Do not use your microwave oven for cooking or reheating whole eggs with or without shell since they may explode.

Some foods which have a low water content E.g. oil, chocolate and some pastries with sweet fillings, must be heated carefully.



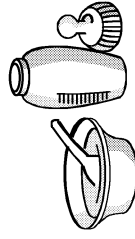
Do not use your microwave oven for deep frying, because the oil temperature cannot be controlled

One of the major advantages of microwave ovens is the short cooking time. Therefore, recommended times for cooking or reheating food should not be exceeded.

When making popcorn, it is necessary to put the popcorn bag on top of a small plate, in order to obtain best result.

Always refer to a microwave cookbook for details. Especially, if cooking or reheating food that contains alcohol.

After heating baby food or liquids in a baby bottle or in a baby food jar, always stir and check the temperature before serving. This will ensure that the heat is evenly distributed and the risk of scalding or burns can be avoided.



Ensure the Lid and the Teat are removed before heating!

Use hot pads. Microwave energy does not heat containers, but the hot food does. Heat from the Grill and Forced air will cause container and oven parts to become hot.

Use oven mitts to prevent burns, when touching containers, oven parts, and pan after cooking.

If the Grill function is not used regularly, there is a risk of fire, due to the possible buildup of food particles and fat, beneath the grille element. To reduce this risk, the Grill only function should be run for 10 minutes once a month to clean the elements.

⚠ CAUTION!

There are a number of accessories available on the market. Before you buy, make sure they are suitable for microwave use.

When you put food in the microwave oven, ensure that food, food supports or covering do not come in direct contact with any of the internal walls or the ceiling of the cavity.

This is especially important with accessories made of metal or metal parts. If accessories containing metal comes in contact with the internal walls or the ceiling, while the oven is in operation, sparking will occur and the oven will be damaged.
Always ensure that the turntable is able to turn freely before starting the oven.

GRATIN FUNCTION

During operation you can switch the Grill element on/off by pressing the Grill button. The Max. possible microwave power level when using the Grill is limited(see technical specifications).

⚠ IMPORTANT!

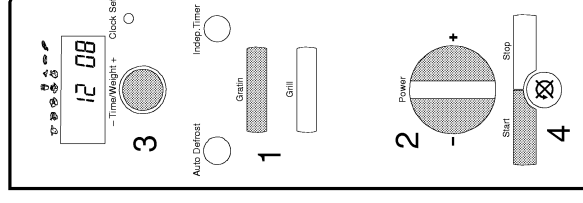
Ensure that the utensils you use are ovenproof and will allow microwaves to pass through them before using the Gratin function.

The microwave power is automatically set to 500 W. You can easily change it, simply by pressing the + / - power button.

GRATIN

USER ACTION

OVEN REACTION

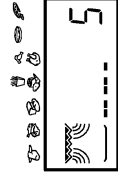


1. Press the GRATIN button.

2. Press the + / - POWER button to select a desired Power level.

3. Turn the ADJUST knob until the required time is indicated.

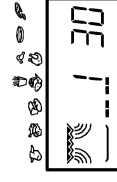
4. Press the START button.



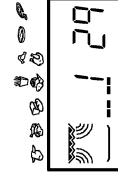
* 5 sec is displayed.
* The Grill symbol is lit.



* The Microwave symbol is lit.



* The time is displayed.



* The Microwave symbol flashes.
* The Grill symbol is flickering.
* The cooking time is displayed counting down.



When the cooking time has elapsed a signal will be heard and the cooking process will stop.

During operation you can switch the Grill element on/off by pressing the Grill button. The Max. possible microwave power level when using the Grill is limited(see technical specifications).

Important!

Ensure that the utensils you use are ovenproof and will allow microwaves to pass through them before using the Grill/Microwave combination.

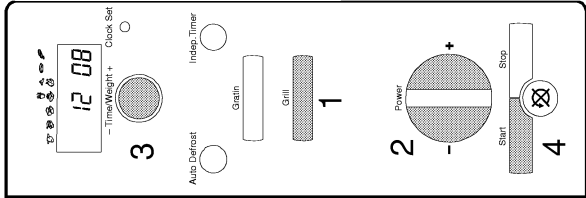
This function can be used with the turntable function switched off. When cooking such foods as gratin's etc. with the turntable on standstill, you may rotate the food halfway through the cooking time.

It is possible to switch the microwaves off by reducing the microwave power level to 0 W. When 0 W is reached, the oven switches to Grill only mode. You should only use this feature if the turntable function is in operation, else the oven will switch off when 0 W is reached.

How to choose the correct power level

Power level	Suitable foods
90 - 160 W	Large cuts of Meat
160 - 350 W	Fish
350 - 500 W	Poultry
500 - 650 W	Gratins

COMBINATION USER ACTION



1. Press the GRILL button.

2. Press the + / - POWER button to select a desired Power level.

3. Turn the ADJUST knob until the required time is indicated.

4. Press the START button.

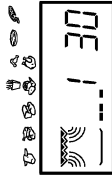
OVEN REACTION



- * 5 sec is displayed.
- * The Grill symbol is lit.



- * The Microwave symbol is lit.
- * The powerlevel is displayed.

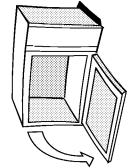


- * The time is displayed.



- * The Microwave symbol flashes.
- * The Grill symbol is flickering.
- * The cooking time is displayed counting down.

When the cooking time has elapsed a signal will be heard and the cooking process will stop.



To interrupt the cooking process:

The cooking process can be temporarily interrupted to check, turn or stir the food by opening the door. The setting will remain lit for 10 minutes to indicate the interruption, after which it will disappear. If you open the door please consider the following:



To restart the cooking process:

Close the door and press the START button once.

Note: The cooking process continues from where it was interrupted if the START button is pressed once. Pressing the START button twice will increase the time by 30 seconds.



If you don't want to continue cooking:

Remove the food, close the door and press the STOP button

If you don't interrupt the cooking process:

If the cooking process has not been interrupted, a beep will signal the completion of the programme and, if the Stop button is not pressed, will continue to sound every minute for 10 minutes. **Note:** It is possible to alter both Time and Power settings while cooking though not when the automatic functions are being used.



Continued cooking:

When the cooking process is complete, the oven will hold the current settings for 10 minutes unless the STOP button is pressed or the door is opened. This enables you to continue cooking simply by pressing the START button. Cooking may also be extended by pressing the START button a number of times. One press for each 30 seconds. All other settings remain the same. **Note:** The oven will only hold the settings for 30 seconds if the door is opened and then closed after the cooking is finished.

HOW TO CHOOSE POWER LEVEL?

JET

-- Fast reheat of beverages, water, clear soups, coffee, tea or other food with a high water content. If the food contains egg or cream choose a lower power.

850/750 W

-- To be used for cooking of vegetables, fish, meat etc.

650 W

-- To be used when cooking dishes not possible to stir.

500 W

-- To be used when more careful cooking is required e.g. high protein sauces, cheese and egg dishes and to finish cooking casseroles.

350 W

-- To be used when simmering stews.

160 W *

-- To be used for defrosting.

90 W

-- To be used for softening butter, cheese and ice cream.

OPTIONAL CLOCK DISPLAY

When the appliance is first plugged in or after a power failure, the display is blank. If required, the oven can display a 24 hour digital Clock. When the Clock function is not programmed the display will remain blank until the cooking time is set.

Note:
If you wish to delete the Clock from the display once it has been set, simply press the Clock button and then press the Stop button. To reinstate the Clock, follow the below procedure.

CLOCK

USER ACTION

1. Press the STOP button.

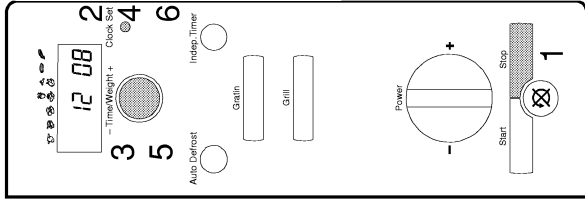
2. Press the CLOCK button.

3. Turn the ADJUST knob to set the hours.

4. Press the CLOCK button again.

5. Turn the ADJUST knob to set the minutes.

6. Press the CLOCK button again.



OVEN REACTION

* The two dots are lit.

* The two left hand digits (hours) flicker.

* The set hours will continue to flicker

* The two right hand digits (minutes) flicker.

* The set minutes will continue to flicker.

* The Clock is set and in operation.

Keep the door open while setting the Clock. This gives you 10 minutes to complete the setting of the Clock.

If the door is kept shut, each step must be accomplished within 30 seconds. Otherwise the oven will return to "stand by" and it will be necessary to start again from the beginning.

GRILL FUNCTION

The Grill which is located in the ceiling of the oven compartment, will quickly give a pleasant brown surface to the food.

Do not leave the oven door open for long periods when the Grill is in operation as this will cause a drop in temperature.

IMPORTANT!

Ensure that the utensils used are heat resistant and oven proof before grilling with them.
Do not use plastic utensils when grilling. They will melt. Items of wood or paper are not suitable either.

Note:

Pressing the Grill button during cooking switches the Grill element on and off. The timer will continue to count down when the Grill element is turned off.

GRILL

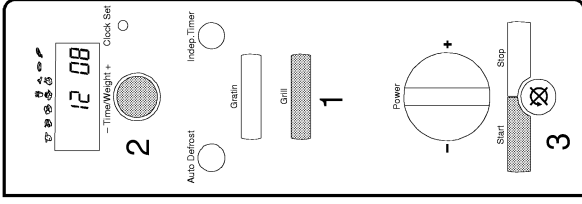
USER ACTION

OVEN REACTION

1. Press the GRILL button.

2. Turn the ADJUST knob until the required time is indicated.

3. Press the START button.



* 5 sec is displayed.
* The Grill symbol is lit.

* The time is displayed.

* The Grill symbol flashes
* The cooking time is displayed counting down.



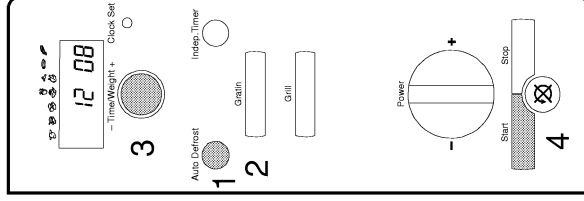
When the cooking time has elapsed a signal will be heard and the cooking process will stop.

AUTO DEFROST FUNCTION

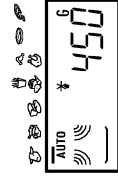


USER ACTION

1. Press the AUTO DEFROST button.



- * The display now shows weight in grams (gr.) and the first of the five food classes is indicated.



2. Continue to press the AUTO DEFROST button to select the food class needed



3. Turn the ADJUST knob to set the weight of the food to be defrosted.



4. Press the START button.



- * The defrosting process begins.
- * The Microwave working symbol flashes.
- * The defrosting time is displayed counting down



When the Defrost program is finished a signal will be heard and the defrosting process will stop.

MANUAL DEFROST FUNCTION

Follow the procedure for "Time and Power" and choose ❧ 160 W when defrosting manually.

When softening ice-cream or butter you should adjust the setting to 90 W.

Check and inspect the food regularly. Experience will give you the times needed for various amounts.

JET START FUNCTION

When the Jet Start button is pressed the oven will operate at full power for 30 seconds. Each subsequent press will increase the time by 30 seconds. Pressing the Jet Start button during normal cooking simply increases the time by 30 seconds in each press. The power is not affected.

Use this function for the quick reheating of items such as clear soups, coffee, tea or other foods with high water content.

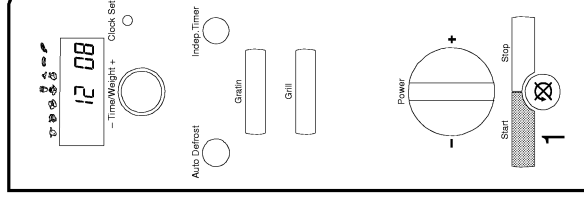
If you open and then close the door during normal cooking (cooking interruption), restarting by pressing the Jet Start button once will not affect the Time and Power settings. Pressing the Jet Start button again will increase the time by 30 seconds for each press.

This function can be used with the turntable function switched off.

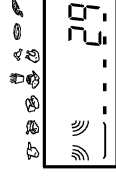
JET

USER ACTION

1. Press the JET START button.



- * The Microwave working symbol flashes.
- * The Power level bar is scrolling.
- * The cooking time is displayed counting down.



When the time has elapsed a signal will be heard and the process will stop.

Once the cooking process has been started the time can easily be increased in 30 second steps by pressing the Start button. Each press increases the time with 30 seconds. You may also alter the time by turning the Adjust knob to increase or decrease the time.

Pressing the POWER button (center) during cooking displays the current Power level for 2 sec. To alter the set power level, simply press the plus or minus buttons until the desired power level is reached.

This function can be used with the turntable function switched off. When cooking such foods as gratin's etc. with the turntable on standstill, you may rotate the food halfway through the cooking time.

TURNTABLE SUPPORT

Use the turntable support under the Glass turntable. Never put other utensils than the Glass turntable directly on the turntable support. The turntable support may be cleaned in dishwashers.

- * Fit the turntable support on its locator in the oven.

GLASS TURNTABLE

Use the Glass turntable with all cooking methods.

The Glass turntable collects the dripping juices and food particles that otherwise would stain and soil the interior of the oven. The Glass turntable may be cleaned in dishwashers.

- * Place the Glass turntable on the turntable support.

COVER

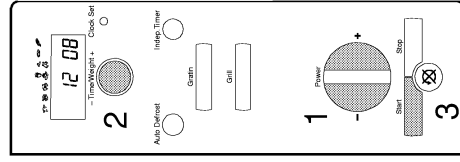
The Cover is used to cover food during cooking and reheating with microwaves only and helps to reduce spattering, retain food moisture as well as reducing the time needed.

Use the cover for two level reheating **Do not** use together with the **Grill**. It's made of plastic and will melt.

COOKING

USER ACTION

1. Press the + / - buttons to select a desired Power level.
2. Turn the ADJUST knob until the required time is indicated.
3. Press the START button.



When the cooking time has elapsed a signal will be heard and the cooking process will stop.

Your microwave oven has a special automatic defrosting function, which provides you with good end results. The oven needs to know the type of food to be defrosted and the net weight of the food.

Five food classes have been designed into your oven and they cover the whole spectrum of food. Each subsequent press will select the next food class.

Auto Defrost is used for defrosting of raw, parboiled, pre-cooked food and bread.



MEAT

- (50 g - 2 Kg)
- * Pork chops
- * Steaks
- * Roasts
- * Minced meat



FISH

- (50 g - 2 Kg)
- * Cod steaks
- * Plaice filets
- * Trout



BREAD

- (50 g - 2 Kg)
- * Buns
- * Rolls
- * Bread loaf
- * Biscuits



VEGETABLES

- (50 g - 2 Kg)
- * Broccoli
- * Cauliflower
- * Mixed vegetables



POULTRY

- (50 g - 3 Kg)
- * Chicken, whole or in pieces

IMPORTANT!

When using the automatic defrost function,

the weight to be entered is the net weight in grams meaning only the weight of the food, the vessel excluded.

The Auto defrost function gives best results, if the food is at -18°C and the food to be defrosted is taken directly from the freezer.

If the food is warmer than deep-freeze temperature (-18°C) e.g. is stored in the freezing compartment of the refrigerator, which is not a three star, the defrosting time calculated by the oven will be too long and you may risk over-cooking the food.

Choose in that case lower weight of the food and by that shorter defrosting time. Choose also lower weight of the food to be defrosted, if the food is stored outside the freezer for times up to 20 minutes.

Defrost by time and power if the food is stored outside the freezer for more than 20 minutes and for defrosting ready-made food. Standing time always improves the result.

Small pieces of aluminium foil may be used to shield e.g. chicken wings, leg tips and fish-tails but the foil must not touch the side of the oven as damage may occur.